

7 week session: Monday July 8th through Friday August 23rd

Night Classes:				Day Camps:		Day Camp Pricing:	\$185 Full Day/Full Week	\$125 Half Day/Full Week	Fun-N-Fit Camp \$220 Full Day
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	July 8th-12th Cheer Camp	July 15th-19th All Apparatus Camp	July 22nd-26th Tumbling Camp	August 5th-9th All Apparatus Camp	August 12th-16th Tumbling Camp	August 19-23rd Fun-N-Fit Camp
Level Class: 5:00-9:00 PM	Level Class: 5:00-9:00 PM	Level Class: 4:30-8:30 PM	Level Class: 5:00-9:00 PM	Monday: 9-12 PM: Tumbling Lunch 12-1 PM 1-4 PM: Stunts/Jumps	Monday: 9-12 PM: Bars & Beam Lunch 12-1 PM 1-4 PM: Floor & Vault	Monday: 9-12 PM: Drills, Jumps & Slow Tumbling Lunch 12-1 PM 1-4 PM: Power Tumbling	Monday: 9-12 PM: Bars & Beam Lunch 12-1 PM 1-4 PM: Floor & Vault	Monday: 9-12 PM: Drills, Jumps & Slow Tumbling Lunch 12-1 PM 1-4 PM: Power Tumbling	Monday: 9-12 PM: Gymnastics Lunch 12-1 PM 1-4 PM: Park/Crafts/Obstacle Course
Preschool and Kindergarten Apparatus Class 5:00-6:00 PM	Tumbling Only: Advanced & Up 5:00-7:00 PM	Mommy & Me Class: 5:00-6:00 PM	Beginner and Intermediate I Apparatus Class: 5:00-6:00 PM	Tuesday: 9-12 PM: Dance/Cheers/Motions Lunch: 12-1 PM 1-4 PM: Tumbling	Tuesday: 9-12 PM: Floor & Vault Lunch 12-1 PM 1-4 PM: Bars & Beam	Tuesday: 9-12 PM: Backhandsprings & Back Tucks Lunch 12-1 PM 1-4 PM: Conditioning & Flexibility	Tuesday: 9-12 AM: Floor & Vault Lunch 12-1 PM 1-4 PM: Bars & Beam	Tuesday: 9-12 PM: Backhandsprings & Back Tucks Lunch 12-1 PM 1-4 PM: Conditioning & Flexibility	Tuesday: 9-12 PM: Yoga/Cardio Exercises/Contests Lunch 12-1 PM 1-4 PM: Gymnastics
Beginner and Intermediate I Apparatus Class 6:00-7:00 PM	Conditioning & Fitness Class 6:00-7:00 PM	Tuck & Twist Class: (For Cheer & Gym Students at the Advanced Level) 6:00-7:00 PM	Preschool and Kindergarten Apparatus Class 6:00-7:00 PM	Wednesday: 9-12 PM: Flexibility/Basket Tosses Lunch 12-1 PM 1-4 PM: Conditioning/Tumbling Drills	Wednesday: 9-12 PM: Ballet, Flexibility and Drills Lunch 12-1 PM 1-4 PM: Tumbling & Conditioning	Wednesday: 9-12 PM: Power Tumbling Lunch 12-1 PM 1-4 PM: Drills, Jumps & Slow Tumbling	Wednesday: 9-12 PM: Ballet, Flexibility and Drills Lunch 12-1 PM 1-4 PM: Tumbling & Conditioning	Wednesday: 9-12 PM: Power Tumbling Lunch 12-1 PM 1-4 PM: Drills, Jumps & Slow Tumbling	Wednesday: 9-12 PM: Gymnastics Lunch 12-1 PM 1-4 PM: Dance/Board Games/Park
Tumbling Only: All Ages/Levels 7:00-8:00 PM	Preschool and Kindergarten Apparatus Class: 6:00-7:00 PM	Beginner and Intermediate I Apparatus Class: 7:00-8:00 PM	Tumbling Only: All Ages/Levels 6:00-7:00 PM	Thursday: 9-12 PM: Tumbling Lunch 12-1 PM 1-4 PM: Stunts/Jumps	Thursday: 9-12 PM: Bars & Beam Lunch 12-1 PM 1-4 PM: Floor & Vault	Thursday: 9-12 PM: Conditioning & Flexibility Lunch 12-1 PM 1-4 PM: Backhandsprings & Back Tucks	Thursday: 9-12 PM: Bars & Beam Lunch 12-1 PM 1-4 PM: Floor & Vault	Thursday: 9-12 PM: Conditioning & Flexibility Lunch 12-1 PM 1-4 PM: Backhandsprings & Back Tucks	Thursday: 9-12 PM: Kickball/Balloon Toss/Obstacle Course Lunch 12-1 PM 1-4 PM: Gymnastics
Bars & Beam: Ages 11 & Up 8:00-9:00 PM	Beginner and Intermediate I Apparatus Class: 7:00-8:00 PM	Conditioning & Fitness Class 8:00-9:00 PM	Apparatus Class Ages 11 & up 7:00-8:00 PM	Friday: 9-12 PM: Cheers/Dance/Motions Lunch 12-1 PM 1-4 PM: Review of Skills Learned	Friday: 9-12 PM: Floor & Vault Lunch 12-1 PM 1-4 PM: Bars & Beam	Friday: 9-12 PM: Free Time Lunch 12-1 PM 1-4 PM: Review of Skills Learned	Friday: 9-12 PM: Floor & Vault Lunch 12-1 PM 1-4 PM: Bars & Beam	Friday: 9-12 PM: Free Time Lunch 12-1 PM 1-4 PM: Review of Skills Learned	Friday: 9-11 AM: Gymnastics Review Lunch 11-12 PM 12-4 PM: Dutch Springs Aqua Park
Tumbling Only: 11 & Up 8:00-9:00 PM	Apparatus Class Ages 11 & Up 8:00-9:00 PM			Camp Discounts:	Multiple Member Family Discounts: *Only applies to Full Day Camp*	1st Child: \$185 2nd Child: \$150 3rd Child or More: \$110 each	Monday, Wednesday, Friday Deal: \$135 per week	Tuesday/Thursday Deal: \$95 per week	Discounts do not apply to Fun-N-Fit Camp due to activities planned.

7 week Pricing:	1 hour a week: \$100	1.5 hours a week: \$126	2 hours a week: \$147	2.5 hours a week: \$166	Night Class Family Discounts: 2 children-10% off 3 or more-20% off				
Night Classes	3 hours a week: \$189	3.5 hours a week: \$208	4 hours a week: \$224	4.5 hours a week: \$245					
	5 hours a week: \$263	6.5 hours a week: \$307	8 hours a week: \$378						
	*****Level Students Special Summer Deal: 12 hours or more \$500 for 7 weeks (camps not included)*****								